



**Songworlds** is a creative conversation through song, inquiry and the practice of Amerta Movement. Seminars over the past two decades have offered participants a time for personal process and professional application, mainly in the field of the arts.

Since 2014, working in Italy at CSPP - Centro Studi di Psicologia e di Psicosomatica Clinica (Pescara) - *Songworlds* therapeutic implications have become an added focus. To that end a core group has been researching a methodology for *Songworlds* application within a clinical context.

*The Body of the Therapist* as a new work-approach has evolved from that research process.

The format of this year's seminar will allow a cross-fertilisation between newcomers and those with experience of *Songworlds* practice, each enriching the field for and with the other, engaging an underlying principle:

*„to be by sharing is the soul of living reality“*

The seminar will be of particular interest for people with a background in therapy and sound or body-work.

## April 30th - May 4th: the body of the therapist - clarifying essential properties and characteristics

In this seminar we want to clarify the essential properties and attributes of *the body of the therapist* that derive from the methodology, the three 'ways of knowing', of Songworlds practices (detailed below under 'fields of reference')

In doing so, a conscious connection between personal realisation and the ability to work with others can be established. This process will also further enhance integration of our practices into daily and professional life.

### in preparation for this seminar

*Please choose a song from any time in your life, a lullaby, an aria, a pop song, a song that was sung to you, or that you just heard on the radio. Trace the thread of your connection to that song. Perhaps it reflects a theme that is current in your life, or expresses a passion that still burns, or reminds you of an important time and place of your life. Or you just like it! Bring this song.*

Whether you already sing or are amongst those who feel "I can't", everyone and all are welcome.

### **Fields of reference :**

Amerta Movement enlivens us to sensual reality and to the sensuous language of the world through the practice of movement. A knowing inherent to body and body-in-movement can then be experienced as a source for guidance and as the doorway to the garden ...

<https://amertamovers.wordpress.com>

<https://www.triarchypress.net/embodyedlives.html>

Songworlds sound and song practices and the ritual of a Song Circle with chosen personal songs will bring us into resonance with our life stories, challenge unconscious veils of memory and address individual and collective psychodynamic subjects.

Inquiry applies to movement, sound-practices and reasoning. The open-ended practice of inquiry is applicable both as a tool for self-realisation and for working with others. Inquiry for us comprises the potential to reconcile our human tendency towards the mental and analytic with a more holistic understanding of world and our place within it.

## Facilitators/tutors

### Tim Jones

specialised over the last 35 years in intercultural research and performance, with particular interest in voice and sound. Public workshop programme *The Nature of Sound*; Amerta Movement Practitioner since 1989; studied South Indian Carnatic music with Sivasankara Panikkar 1984 – 2007. Ongoing Group Relations Conference 'Energy, Creative Collaboration and Wellbeing' for Il Nodo Group; qualified Craniosacral practitioner. He is a student of the Ridhwan School.

[www.thenatureofsound.com](http://www.thenatureofsound.com)

### Michael Dick

Movement practice in continuous studies with Suprapto Suryodarmo for 35 years now; Amerta Movement Practitioner and appointed pribadi art teacher in BeWegen. Professional life of an actor, director and performance artist and a lecturer of elementary teaching and practice for performing arts. Practitioner and guide for Sumarah-Meditation: (<http://www.sumarah.net>) and longterm student of the Ridhwan School and its Diamond Approach: (<https://www.diamondapproach.org>)

[www.schule-der-bewegung.net](http://www.schule-der-bewegung.net)

## Booking and Accommodation

### seminar venue:

The seminar will take place in the beautiful village of Moscufo, just outside Pescara. We will mostly work in the garden at the accommodation venue and, if needed, in the local castle/town hall. Everything is within easy walking distance.

### accommodation and food costs:

Single room €40 per night

Double room - twin beds or double bed; €55 per room per night (€27,50 per person per night).

With 4 or 5 rooms booked, there is a reduction: single room €38, double room €45; €69 for triple room.

Catering: 16€ each meal (lunch and dinner)

Deposit to confirm booking is 100€ paid by 28th march

Cc. TATONE LUDOVICA

IBAN: IT30H0301503200000005802580

To see the B&B: [www.donfederico.it](http://www.donfederico.it)

## to book:

**for accommodation** with Ludovica: [ludovicatatone@donfederico.it](mailto:ludovicatatone@donfederico.it)

(+39) 085/97.95.87

(+39) 333/79.52.262

(+39) 348/81.28.132

**for the seminar** please book with Giusy Marolla:

[giuseppina.marolla@gmail.com](mailto:giuseppina.marolla@gmail.com)

(+39) 3284837361

## seminar times

*Thursday* arrival and settling in: we start with a light lunch at 13:00

First sessions from 15:00 - 18:00; 19.30 – 22.00

*Friday, Saturday and Sunday* 10:00 - 13:00 and 16:00 - 19:00

*Monday* 10:00 - 13:00 (departure after lunch)

The timings can be adjusted according to how the seminar develops and with the agreement of participants. We also might like to include early morning or evening sessions.

## registration and payment

**There is a limit of 12 participants so early booking is advised.** The seminar cost is €350. Full registration is completed on receipt of half the seminar fee €175. There are a limited number of places at a reduced fee for professionals in training, students or others on low income.

Participants should make payment direct to:

Centro Studi di Psicologia e Psicomatica Clinica (individuale e di gruppo), Pescara

Bank: B.C.C. di Castiglione Messeraimondo e Pianella S.C.P.A.R.L.

IBAN: IT27 D084 7315 4000 0000 0126 988

BIC: ICRAITRRD50

Reference: Songworlds Seminar

**The remainder of the seminar fee should be received at the latest four weeks before the seminar - by Thursday 2nd April**

## cancellation policy

Full refund is possible up to one month before the seminar start date. After that a refund is only possible if a replacement participant is found.

Please feel free to contact us for any open question!

Michael Dick Tel 0049-221-321494 / [michael.dick@netcologne.de](mailto:michael.dick@netcologne.de)

Tim Jones Tel 0044 1963 23792 / [tim@thenatureofsound.com](mailto:tim@thenatureofsound.com)

## Schule der Bewegung



