



*Songworlds* is a creative conversation through song, inquiry and the practice of Amerta Movement. Since 2001 seminars have offered participants a time for personal process and professional application, mainly in the field of the arts. Since 2014, working in Italy at CSPP - Centro Studi di Psicologia e di Psicomatica Clinica (Pescara) - interest in its therapeutic implications has become an added focus for research.

*Songworlds* three seminars in 2019 will begin from the premise:

*„to be by sharing is the soul of living reality“*

In this we offer a perspective of shared and valued humanness awake within the sensuous language of the world.

The venues in 2019 are:

- Hof Kuppen in Halscheid, near Cologne, Germany (February 28th - March 5th).
- Moscufo, near Pescara, Italy (April 25th-29th)
- Folke Manor, Dorset, South-England (October 16th-20th, to be confirmed)

**All courses are residential.**

## Fields of reference :

[Amerta Movement](https://amertamovers.wordpress.com) enlivens us to sensual reality and to the sensuous language of the world through the practice of movement. A knowing inherent to body and body-in-movement can be experienced as a source for guidance, as the doorway. <https://amertamovers.wordpress.com> <https://www.triarchypress.net/embodiedlives.html>

[Songworlds](#) is an invitation to ritual, to dialogue and to elementary sound practices. Chosen personal songs become a source of inspiration creating a resonant field for exploration of collective and individual motivation and themes. From the *Songworlds* perspective: song is expression not only of the I, but also of love itself; and speaking is just one form of singing.

[Inquiry](#) Although not necessarily intrinsic to psychotherapy, most therapists who adhere to psychodynamic theories employ some form of inquiry. We see and understand inquiry as an open ended practice, both a tool for self-realisation and for working with others. Inquiry comprises the potential to reconcile our human tendency towards the mental and analytic, that so can dominate our sense of personhood, with a more holistic understanding of world and our place within it

## [April 25th - 29th - international research seminar in Pescara/Italy](#)

### [the body of the therapist - supporting each other in practicing and opening the atmosphere in space and time](#)

For several years now a core group has been researching a methodology for *Songworlds* application within a clinical context, accredited by CSPP (Pescara). From these studies a new name has evolved: *the body of the therapist*. This approach includes personal development alongside working on the skills and knowledge needed to apply *Songworlds* ways of knowing within both therapeutic and artistic practices.

We continue in 2019, this time exploring how to support each other in enhancing the integration of practice into our daily and professional lives. To open atmosphere in time means to enter into the instancy of now, where perception of time comes to an end: to open atmosphere in space is to enter a density of aliveness, and being that fluid alive presence. This seminar will be of particular interest for people with a background in therapy and body-work.

The format of this 2019 seminar will be open, welcoming and encouraging to those new to the work, their experience enriching the field alongside the practical and empirical experience of more long-term Italian students.

### **in preparation for this seminar**

*Please choose a song from any time in your life, a lullaby, an aria, a pop song, a song that was sung to you, or that you just heard on the radio. Trace the thread of your connection to that song. Perhaps it reflects a theme that is current in your life, or expresses a passion that still burns, or reminds you of an important time and place of your life. Or you just like it! Bring this song.*

Whether you already sing or are amongst those who feel “I can’t”, everyone is welcome.

### **Facilitators/tutors**

#### **Tim Jones**

specialised over the last 35 years in intercultural research and performance, with particular interest in voice and sound. Public workshop programme *The Nature of Sound*; Amerta Movement Practitioner since 1989, and studied South Indian Carnatic music with Sivasankara Pannikkar 1984 – 2007. Current practice includes: *Hesitant Human Being – adventures in reconciliation, a lecture/performance series*; ongoing Group Relations Conference ‘Energy, Creative Collaboration and Wellbeing’ for Il Nodo Group, Italy; qualified Craniosacral practitioner. He is a student of the Ridhwan School.

[www.thenatureofsound.com](http://www.thenatureofsound.com)

#### **Michael Dick**

Movement practice in continuous studies with Suprpto Suryodarmo since 1985; Amerta Movement Practitioner and appointed pribadi art teacher in BeWegen. Professional life of an actor, director and performance artist and a lecturer of elementary teaching and practice for performing arts. Practitioner and guide for Sumarah-Meditation <http://www.sumarah.net> and longterm student of the Ridhwan School and its Diamond Approach. <https://www.diamondapproach.org/> [www.schule-der-bewegung.net](http://www.schule-der-bewegung.net) <http://www.sumarah.net>

## [Booking and Accommodation](#)

### **seminar venue**

The seminar will take place in the beautiful village of Moscufo, just outside Pescara. We will mostly work in the garden at the accommodation venue and, if needed, in the local castle/town hall. Everything is within easy walking distance.

### **Accommodation and food costs**

single room 35,- € per night

Double room - twin beds or double bed; €50 per room per night (€25 per person per night)

With the maximum of 10 participants reached the price reduces to €46 for a double room, and €33 for a single room, €60 for triple room

A similar reduction is reflected for the catering: full board catering 32/28- €

To see the B&B: [www.donfederico.it](http://www.donfederico.it)

### **to book**

**Ludovica for accommodation**

[ludovicatatone@donfederico.it](mailto:ludovicatatone@donfederico.it)

(+39) 085/97.95.87

(+39) 333/79.52.262

(+39) 348/81.28.132

**for the seminar Giusy Marolla:**

[giuseppina.marolla@gmail.com](mailto:giuseppina.marolla@gmail.com)

tel- 3284837361

### **seminar times**

*Thursday* arrival and settling in: we start with a light lunch at 13:00:

first session from 15:00 - 18:00; 19.30 – 22.00

*Friday, Saturday and Sunday* 10:00 - 13:00 and 16:00 - 19:00

*Monday* 10:00 - 13:00 (departure after lunch)

The timings can be adjusted according to how the seminar develops, with the agreement of participants. We like also to include some early morning or evening sessions.

## registration and payment

**There is a limit of 12 participants so early booking is advised.** The seminar cost is €350 Full registration is completed on receipt of half the seminar fee €175. There are a limited number of places at a reduced fee for professionals in training, students or others on low income.

Participants should make payment direct to:

Centro Studi di Psicologia e Psicosomatica Clinica (individuale e di gruppo), Pescara  
Bank: B.C.C. di Castiglione Messeraimondo e Pianella S.C.P.A.R.L.

IBAN: IT27 D084 7315 4000 0000 0126 988

BIC: ICRAITRRD50

Reference: Songworlds Seminar

**The remainder of the seminar fee should be received at the latest four weeks before the seminar - by Thursday 28th March**

## cancellation policy

Full refund is possible up to one month before the seminar start date. After that a refund is only possible if a replacement participant is found.

Please feel free to contact us for any open question!

Michael Dick Tel 0049-221-321494 / michael.dick@netcologne.de

Tim Jones Tel 0044 1963 23792 / tim@thenatureofsound.com

## Schule der Bewegung

